

# ADULT TENNIS

## Summer Term 2022



### ADULT COACHING PROGRAMME

Commencing – Tuesday 19<sup>th</sup> April – Sunday 24<sup>th</sup> July 2022

(Excluding: Half Term week – 30<sup>th</sup> May – 5<sup>th</sup> June)

Course	Day	Time	No of Sessions	Price	
<b>ADULT BRONZE (Beginner)</b>					
Mixed Bronze	Monday	12:00-12:55pm	12	£156.00	
Ladies Bronze	Wednesday	10:00-10:55am	13	£169.00	
Mixed Bronze	Thursday	1:00-1:55pm	13	£169.00	
Mixed Bronze	Sunday	6:00-6:55pm	13	£169.00	
<b>SILVER (Intermediate)</b>					
Mixed Silver	Monday	10:00-10:55am	12	£156.00	
Mixed Silver	Tuesday	2:00-2:55pm	13	£169.00	
Mixed Silver	Tuesday	7:00-7:55pm	13	£169.00	
Mixed Silver	Wednesday	11:00-11:55am	13	£169.00	
Mixed Silver	Friday	1:00-1:55pm	13	£169.00	
Mixed Silver	Sunday	7:00-7:55pm	13	£169.00	
<b>GOLD (Club level)</b>					
Mixed Gold	Tuesday	12:00-12:55pm	13	£169.00	
Mixed Gold	Wednesday	12:00-12:55pm	13	£169.00	
Mixed Gold	Sunday	8:00-8:55pm	13	£169.00	
<b>PLATINUM (Advanced Club level)</b>					
Mixed Platinum	Wednesday	1:00-1:55pm	13	£169	
<b>ADULT PAY &amp; PLAY SESSIONS</b>				<b>Members Price</b>	<b>Non Members Price</b>
<b>ADULT DRILLS</b>					
Mixed Drills	Thursday	10:00-11:00am	12	£10	£15
<b>CARDIO TENNIS</b>					
Cardio Tennis	Wednesday	9:00-10:00am	12	£5	£8
Cardio Tennis	Friday	9:00-10:00am	12	£5	£8
<b>ADULT TEAM PRACTICE</b>					
Ladies 1 <sup>st</sup> Team	Monday	8:00-9:30pm	12	-	-
Men's Teams	Tuesday	8:00-9:30pm	12	-	-
Ladies Midweek	Friday	10:00-11:30am	12	-	-
Ladies 2 <sup>nd</sup> Team	Saturday	2:00-3:00pm	12	-	-