

ADULT TENNIS

Autumn Term 2022



ADULT COACHING PROGRAMME

Commencing – Monday 12th September – Sunday 18th December 2022

(Excluding: Half Term week – 24th – 30th October)

Course	Day	Time	No of Sessions	Price	
ADULT BRONZE (Beginner) & Plus can rally but not yet Silver standard					
Mixed Bronze plus	Monday	12:00-12:55pm	13	£169.00	
Ladies Bronze & Bronze plus	Wednesday	10:00-10:55am	13	£169.00	
Mixed Bronze	Thursday	1:00-1:55pm	13	£169.00	
Mixed Bronze	Sunday	6:00-6:55pm	13	£169.00	
SILVER (Intermediate)					
Mixed Silver	Monday	10:00-10:55am	13	£169.00	
Mixed Silver	Tuesday	2:00-2:55pm	13	£169.00	
Mixed Silver	Tuesday	7:00-7:55pm	13	£169.00	
Mixed Silver	Wednesday	11:00-11:55am	13	£169.00	
Mixed Silver	Friday	1:00-1:55pm	13	£169.00	
Mixed Silver	Sunday	7:00-7:55pm	13	£169.00	
GOLD (Club level)					
Mixed Gold	Tuesday	12:00-12:55pm	13	£169.00	
Mixed Gold	Wednesday	12:00-12:55pm	13	£169.00	
Mixed Gold	Sunday	8:00-8:55pm	13	£169.00	
PLATINUM (Advanced Club level)					
Mixed Platinum	Wednesday	1:00-1:55pm	13	£169	
ADULT PAY & PLAY SESSIONS				Members Price	Non Members Price
ADULT DRILLS					
Mixed Drills	Thursday	10:00-11:00am	12	£10	£15
CARDIO TENNIS					
Cardio Tennis	Wednesday	9:00-10:00am	12	£5	£8
Cardio Tennis	Friday	9:00-10:00am	12	£5	£8
ADULT TEAM PRACTICE					
Ladies 1 st Team	Monday	8:00-9:30pm	12	-	-
Men's Teams	Tuesday	8:00-9:30pm	12	-	-
Ladies Midweek	Friday	10:00-11:30am	12	-	-
Ladies 2 nd Team	Saturday	2:00-3:00pm	12	-	-